

# Work in Style Scrubs Size Guide



## Work In Style Unisex Size Chart - Smart Scrub Range

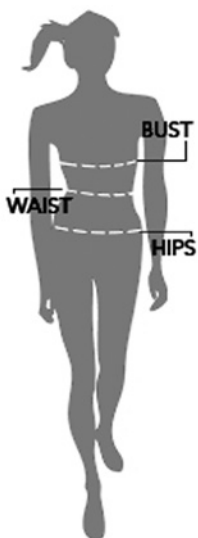
Size/Code	XS	S	M	L	XL	2XL	3XL
Bust inches	28-30	32-34	36-40	42-46	48-50	52-56	58-62
Bust cm	71-76	81-86	91-102	107-117	122-127	132-142	147-157
Hip inches	30-32	34-36	38-40	44-48	50-52	54-58	60-64
Hip cm	76-81	86-91	97-102	112-122	127-132	137-147	152-163
Chest inches	28-30	32-34	36-40	42-46	48-50	52-56	58-62
Chest cm	71-76	81-86	91-102	107-117	122-127	132-142	147-157
Waist inches	20-22	24-26	28-32	34-38	40-42	44-46	60-64
Waist cm	51-56	61-66	71-81	86-96	102-107	112-117	152-163

## Work in Style Unisex Size Chart - Lightweight Range

Size/Code	XS	S	M	L	XL	2XL	3XL
Chest inches*	40	42	47	51	56	58	61
Chest cm*	101	107	119	129	142	147	154
CBL inches	27.5	28	28	28.5	29	30.5	32
CBL cm	70	71	71	72	74	77	81
Waist inches	20-22	24-26	28-32	34-38	40-42	44-46	60-64
Waist cm	51-56	61-66	71-81	86-96	102-107	112-117	152-163

Garments are colour coded for easy size reference

\* Chest measurement is all the way around



### Measuring Yourself Tips - Female

#### Where you need to measure

While very few women actually have 34-26-36 measurements, the three numbers are a good reminder of where you need to measure yourself for clothes. These are the points where a woman's body usually curves in and out the most.

#### Bust/Chest

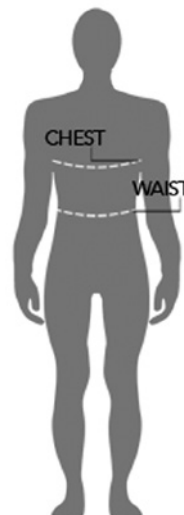
Let your arms hang naturally at your sides. Have someone measure you with the measuring tape parallel to the ground. Have your friend measure under your underarms, around your back and over the fullest part of your bust. Make sure the measuring tape is snug but not tight.

#### Waist

Bend over to one side to find the spot where your waist naturally creases. Measure this spot; it should be right under your navel. Keep the measuring tape parallel to the floor and snug against your skin, but don't pull it tight.

#### Hip

Stand up straight with your feet together. Have a friend measure over your hips and rear, around the fullest part. Make sure to keep the measuring tape parallel to the floor.



### Measuring Yourself Tips - Male

#### Chest

Stand up straight with your arms hanging straight at your sides. Have someone measure the fullest part of your chest, over your shoulder blades and under your underarms. Keep the measuring tape parallel to the ground.

#### Waist

Bend over to one side to find the spot where your waist naturally creases. Measure this spot; it should be right under your navel. Keep the measuring tape parallel to the floor and snug against your skin, but don't pull it tight.

#### Inside Leg

Measure from the top of the inside leg at the crutch to the ankle bone.